

QUALIFICATIONS

- ◆ The only person in the world to complete the *Triple Crown of Extreme Sports*: world class ultra runner, record setting adventure racer, and Seven Summits mountaineer.
- ◆ Completed over 116 ultra and adventure races averaging over 100 miles each; multiple record holder.
- ◆ One of three people in the world to have competed in all nine Eco Challenge adventure races; and has competed in 16 expedition-length adventure races with 12 completions.
- ◆ Reached the summit of each of the Seven Summits, including Mount Everest, all on first attempts.
- ◆ Raised over \$498,000 for numerous charities, including the Religious Teachers Filippini.
- ◆ Experienced public speaker including business-oriented, motivational, technical/training, and entertaining presentations for numerous businesses, universities, sports teams, professional conferences, outdoor retailers, fundraising events, training clinics, and public and school groups.

ULTRA RUNNING – WORLD CLASS DISTANCES AND MULTIPLE RECORD HOLDER

- ◆ **Record Holder** – running across Death Valley from Badwater (minus 282 feet) to the top of Mount Whitney (14,496 feet) covering 146 miles – 33 hours 54 minutes
- ◆ **Record Holder** – four time winner *Badwater Ultra* desert race – former record 26 hours 18 minutes
- ◆ **Record Holder** – thirteen time finisher *Badwater 146*, and a record 19 crossings of Death Valley
- ◆ **Record Holder** – 133 mile south to north crossing of Death Valley Monument – 28 hours 01 minutes
- ◆ **Record Holder** – first and only person to finish a *self-contained, unaided, solo* run pulling a 220-pound cart 146 miles from Badwater to the top of Mount Whitney – 77 hours 46 minutes
- ◆ **Record Holder** – first and only person to complete *Badwater Quad* – 584 miles from Badwater to the top of Mount Whitney and back again, twice – over 10 days
- ◆ **Record Holder** – 258 mile *Run Across Ohio* – 64 hours 09 minutes
- ◆ **Record Holder** – three time winner, 310 mile *Run Across Colorado* – 88 hours 14 minutes
- ◆ **Former Record Holder** – first person to complete the *Death Valley Cup* finishing the *Badwater Ultra* in 33 hours 01 minutes plus the *Furnace Creek 508* (508 mile bike ride through Death Valley) in 38 hours 31 minutes in the same summer – record time 71 hours and 32 minutes
- ◆ **Record Holder** – only person to ever complete the *Leadville Trail 100 run/Pikes Peak Marathon* combination on the same weekend – total elapsed time 36 hours 34 minutes
- ◆ **Record Holder** – only person to complete *The Leadville Triple Crown* – Leadville 100 mile bike, 100 mile run, and 100 mile kayak on consecutive weekends
- ◆ **Former Record Holder** – first person to complete all 6 American 100 mile trail runs in one year – finishing in the top 10 in 5 of the 6 races
- ◆ **Silver Medalist** – 24-hour National Championships 1988, 1990 – over 133 and 142 miles
- ◆ **Former Record Holder** – 1992 and 1993 Colorado 24-hour champion and record holder
- ◆ **Twelve Leadville Trail 100 Finishes** – four top 10 finishes, and seven sub-24 hour buckles
- ◆ **Five Western States Finishes** – all five sub-24 hour buckles
- ◆ **4th Place American** – *Marathon Des Sables* – Africa
- ◆ **6th Place** – *Iditafoot 100* mile footrace – Alaska
- ◆ **28th Place** – *Sahara Race 2005*, 150-mile stage race across the Sahara Desert – Egypt
- ◆ **Personal Bests** – 48 hrs, 202 miles; 24 hrs, 142 miles; 100 miles, 15:28; and 50 miles, 6:19

ADVENTURE RACING – RECORD ALL NINE ECO CHALLENGES

- ◆ 2003 **Primal Quest** – 16th place U.S. team, 23rd place overall – California, USA
- ◆ 2002 **Eco Challenge** – 8th place U.S. team, 17th place overall, (23 of 81 teams finished) – Fiji

- ◆ 2002 **Raid Gauloises** – participant – Vietnam
- ◆ 2001 **Eco Challenge** – 6th place U.S. team, 18th place overall – New Zealand
- ◆ 2001 **Expedition BVI** – finisher, Team DuPont Challenged Athlete – British Virgin Islands
- ◆ 2000 **Eco Challenge** – 4th place U.S. team, 12th place overall – Sabah/Borneo
- ◆ 2000 **Raid Gauloises** – highest all U.S. team finish, 7th place overall – Tibet and Nepal
- ◆ 2000 **Adrenaline Rush** – all male 3-man team 1st place, 2nd place overall – Ireland
- ◆ 1999 **Eco Challenge** – 6th place U.S. team, 19th place overall – Patagonia, Argentina
- ◆ 1998 **Eco Challenge** – 4th place U.S. team, 10th place overall – Morocco
- ◆ 1997 **Eco Challenge** – 26th place overall – Australia
- ◆ 1997 **Raid Gauloises** – 1st place all U.S. team, 13th place overall – South Africa
- ◆ 1996 **Eco Challenge** – participant – Canada
- ◆ 1996 **Extreme Games** – participant – Mexico
- ◆ 1995 **Eco Challenge/ESPN Extreme Games** – 1st place U.S. team, 2nd place overall – Maine, USA
- ◆ 1995 **Eco Challenge** – unranked finisher – Utah, USA

MOUNTAINEERING – THE SEVEN SUMMITS

- ◆ **Mount Everest** – 29,035 feet, highest point in Asia/the world, May 25, 2004 – north side, Tibet
- ◆ **Aconcagua** – 22,840-feet, highest point in South America, February 1, 2003 – Argentina
- ◆ **Denali** – 20,320-feet, highest point in North America, June 16, 2002 – Alaska, USA
- ◆ **Kilimanjaro** – 19,340-feet, highest point in Africa, July 2, 2003 – Tanzania (again in 2006)
- ◆ **Mount Elbrus** – 18,481 feet, highest point in Europe, June 14, 2004 – Russia
- ◆ **Mount Vinson** – 16,067 feet, highest point in Antarctica, January 12, 2005 – Antarctica
- ◆ **Mount Kosciusko** – 7,310 feet, highest point in Australia, March 10, 2005 – Australia
- ◆ **Mount Blanc** – 15,774 feet, highest point in western Europe, July 9, 2006 – France
- ◆ **Mexican Volcanoes** – Orizaba, Ixta, and Toluca, guided trip October 2005

MEDIA AND PUBLICATION HIGHLIGHTS

- ◆ **Television:** 9 News/Colorado and Company, ABC Wide Word of Sports, CBS Sports, Dateline NBC, Discovery Channel, ESPN, National Geographic, Outdoor Life Network, Real TV, and Today Show
- ◆ **Magazine:** Men’s Journal, Newsweek, Outside, Physical, Rocky Mountain Sports, Sports Illustrated, and many more
- ◆ **Newspaper:** Dozens of local and national papers across the U.S.
- ◆ Cover Sept/Oct 2006 *Marathon & Beyond* with feature story “Transformation of an Adventure Runner... From the farm to Mount Everest...” by Marshall Ulrich
- ◆ “I May be a Stray Dog, but I’m Not Lost” by Marshall Ulrich, contributing writer, *The Thrill of Victory, The Agony of My Feet – Tales from the World of Adventure Racing* ed. Neal Jamison, 2005.
- ◆ Named in the top 10 “2004 Outdoor Person of the Year Awards” by *Hooked on the Outdoors* magazine, Feb 2005, not only for his athletic accomplishments but for “giving back”
- ◆ Cover June 2004 *Adventure Sports* and highlighted an athlete “Over 50 and Kicking Your Butt”
- ◆ “When Out-and-Back Just Doesn’t Get It Done - The Desert Asserts an Allure That Can Make Runners Go to Extremes” by Marshall Ulrich, *Marathon & Beyond*, Jan/Feb 2004, *Badwater Quad*
- ◆ Named “Endurance King” by *Outside* magazine, Dec 2001, as part of their “A-Team – the 25 Best” athletes in their fields and other forces of nature
- ◆ Cover of June/July 2001 *Trail Runner* magazine and highlighted as one of the “Legends of the Trail – 10 runners with a living legacy”
- ◆ Cover of July/Aug 2000 *Marathon & Beyond* with feature story “My Most Unforgettable Ultramarathon (And What I Learned From It): Death Valley 1999” by Marshall Ulrich, *Badwater Self-Contained, Unaided, Solo*